

## Access Skills

*To the Colorado Content Standards*

**Access Skills:** *underlying skills students need to reach specific indicators for content standards, life outcomes, career membership and community membership.*

**Communication and Basic Language Skills** *-the giving and receiving of information in our environment. It includes control over materials in the environment and the interactions with others to develop relationships.*

*Communication must involve both input and output in order to be effective. (Essential Learnings 1 & 3)*

- attending
- listening
- interpreting meaning
- responding to others
- expressing self
- gaining/maintaining attention
- following and giving directions
- consistently attaching meaning to symbol
- acknowledging and honoring other's statements of needs, wants, and feelings
- using alternative communication methods

**Decision making and Problem-solving** *-the process by which a student identifies goals, recognizes problems, considers and evaluates alternatives, and devices and implements a logical plan of action. (Essential Learning 2)*

- using conflict resolution
- self-initiating activities, tasks, assignments, etc.
- setting goals to plan for action
- using discretionary time in appropriate ways
- self-monitoring behavior, time
- advocating for self and needs (self-determination)
- persuading others
- transitioning from one environment/activity to another

**Self Advocacy/Self Determination**-*the process by which a student can access support to get their needs met within the learning, working and living environment.* (Essential Learnings 4 & 5)

- asking for and/or accepting peer support
- assessing situations for equal access and asking for adjustments when appropriate
- expressing physical needs
- expressing personal preferences and choices
- expressing simple feeling states
- expressing others' feeling states
- expressing understanding of difference
- describing personal learning limitations
- negotiating adjustments
- evaluating effectiveness of a variety of learning strategies and make adjustments as needed
- developing and maintaining a supportive network of people
- acting independently based on knowledge of personal needs and preferences
- advocating for others as well as issues and ideas

**Physical**-*the process by which a student accesses and accomplishes activities that require physical function.* (Essential Learning 5)

- maintaining acceptable personal appearance to situation/environment
- managing physical/medical needs
- maintaining appropriate posture
- managing mobility requirements
- manipulating materials and equipment
- accessing communication/technology equipment
- operating environmental controls

**Inter/Intrapersonal** -*successfully uses culturally and situationally appropriate verbal and nonverbal communicative behaviors to express viewpoints and ideas, achieve personal ends, respond to the needs of others, and problem solve within and across the roles, responsibilities, and social contexts that are associated with the expectations of age-level peers.* (Essential Learning 6)

- demonstrating socially acceptable behaviors for the situation
- demonstrating appropriate behavior to the group
- cooperatively working with others in group situations
- demonstrating social amenities
- gaining and maintaining a repertoire of interests and leisure skills

- using self-regulation techniques
- engaging in sustained participation
- applying conflict management techniques
- dealing with change

**Organization**-*the skills a student needs in order to work effectively and efficiently.*  
(Essential Learning 7)

- demonstrating time management skills
- gaining and applying study skills and learning strategies
- managing self
- self-monitoring
- using and organizing materials appropriately
- sequencing events to plan
- identifying and accessing resources

**Technology**-*any device, tool or piece of equipment that facilitates or supports efficient completion of work.* (Essential Learning 9)

- demonstrating computer literacy
- selecting technology appropriate to the situation
- applying technology
- using keyboarding skills
- using input devices (such as mouse, touch window, etc.)
- accessing computer system (turning on/off)
- indicating understanding of cause/effect (should this go in communication?)
- selecting and using appropriate software
- using technology information

**Career Development**-*skills that a student needs in order to transfer classroom learning to the world of work and to post-secondary education* (Essential Learning 8)

- demonstrates ability to make pursue, and maintain personal employment choices
- selects career areas of interest and abilities
- shadows or trains in selected area
- identifies vocational education needs requisite for career path